

Middletown High School Showdown Track & Field Invitational

Friday – April 5, 2013

Middletown High School - Bob Mucha Track & Field Complex
601 N. Breiel Blvd, Middletown, Ohio 45042

Schedule

2:15 pm	Prepare to leave from the high school
2:30 pm	Bus 1 - Depart for Middletown from E.H.S.
3:20 pm	Bus 2 – Depart for Middletown High School
3:30 pm	Coaches meeting
4:00 pm	Field Events
4:30 pm	Prelims (Semis) - <i>100 meters, 200 meters, 100/110 M Hurdles</i>
5:00 pm	Running Event Finals
8:00 – 9:00 pm	Approximate Departure time from Middletown
9:45 – 10:30 pm	Approximate Arrival time at Eaton High School

Miscellaneous

- 1.) 1/4” Spikes maximum size – see coaches if you need spikes!
- 2.) A concession stand available at meet – we will not stop on the way home
- 3.) Parking – at Middletown High School – by Track
- 4.) Admission – not sure, but expect \$6.00 per person
- 5.) Restrooms inside Middletown High School
- 6.) No spikes are to be worn inside Middletown High School

Participating Schools

Dayton Belmont
Eaton
Lebanon
Middletown
North College Hill
Northwest
Riverview East
Springboro
Withrow

Driving Directions



Trip to:
601 N Breiel Blvd
Middletown, OH45042-3801

26.07 miles / 40 minutes

	1. Start out going northeast on OH-732 / Hillcrest Rd toward Deer Trail Dr.	0.7 mi 1 minute
	2. Turn left onto US-127 / S Barron St.	0.10 mi
	3. Turn right onto E St Clair St. <ul style="list-style-type: none">• Beoddy Mara Mart is on the right	0.3 mi 1 minute
	4. Take the 3rd right onto OH-122 / S Franklin St. Continue to follow OH-122. <ul style="list-style-type: none">• OH-122 is just past South Street	8.5 mi 12 minutes
	5. Turn right onto OH-122 / S East St. Continue to follow OH-122. <ul style="list-style-type: none">• OH-122 is just past S West St	12.3 mi 17 minutes
	6. Turn left onto OH-122 / Carmody Blvd. <ul style="list-style-type: none">• If you are on Central Ave and reach Water St you've gone about 0.1 miles too far	0.3 mi
	7. Take the 1st right onto Columbia Ave / OH-122. Continue to follow OH-122. <ul style="list-style-type: none">• If you are on Carmody Blvd and reach Hook Dr you've gone about 0.3 miles too far	0.4 mi 1 minute

↑		8. Stay straight to go onto Reinartz Blvd / OH-122-TRUCK E.	0.8 mi 1 minute
↑		9. Reinartz Blvd / OH-122-TRUCK E becomes Miami Ave.	0.1 mi
RAMP		10. Turn left to take the University Blvd ramp.	0.10 mi
		<ul style="list-style-type: none"> If you reach McKinley St you've gone a little too far 	
↗		11. Merge onto N University Blvd.	2.1 mi 3 minutes
↗		12. Turn slight right onto N Breiel Blvd.	0.3 mi
		<ul style="list-style-type: none"> N Breiel Blvd is just past Summit Sq 	
↶		13. Make a U-turn at Forest Hills Dr onto N Breiel Blvd.	0.07 mi
		<ul style="list-style-type: none"> If you reach Brandon Ln you've gone about 0.2 miles too far 	
■		14. 601 N BREIEL BLVD is on the right.	
		<ul style="list-style-type: none"> If you reach Summit Sq you've gone a little too far 	

Total Travel Estimate: **26.07 miles - about 40 minutes**

Order of Events

4:00 pm - Field Events

Shot Put – boys then girls – 4 throws – no finals

Discus – girls then boys – 4 throws – no finals

Long Jump - girls then boys – 4 jumps – no finals

High Jump – boys then girls

Pole Vault – girls then boys

4:30 pm – Prelims - Running Events

Girls 100 Meter Hurdles

Boys 110 Meter Hurdles

Girls 100 Meter Dash

Boys 100 Meter Dash

Girls 200 Meter Dash

Boys 200 Meter Dash

5:00 pm - Running Events

Girls 4x800 Meter Relay followed by Boys

Girls 100 Meter Hurdles

Boys 110 Meter Hurdles

Girls 100 Meter Dash followed by Boys

Girls 4x200 Meter Relay followed by Boys

Girls 1600 Meter Run followed by Boys

Girls 4x100 Meter Relay followed by Boys

Girls 400 Meter Dash followed by Boys

Girls 300 Meter Hurdles followed by Boys

Girls 800 Meter Run followed by Boys

Girls 200 Meter Dash followed by Boys

Girls 3200 Meter Run followed by Boys

Girls 4x400 Meter Relay followed by Boys